

Journal of EMDR Practice and Research

INSTRUCTIONS FOR AUTHORS

The *Journal of EMDR Practice and Research* is a quarterly, peer-reviewed publication devoted to integrative, state-of-the-art papers about Eye Movement Desensitization and Reprocessing. It is a broadly conceived interdisciplinary journal that stimulates and communicates research and theory about EMDR, and their application to clinical practice. The journal publishes experimental studies; theoretical, review, and methodological articles; case studies; brief reports; and book reviews. Examples of research areas include: randomized clinical trials; treatment outcomes with specific populations; investigation of treatment processes; evaluation of the role of eye movements and bilateral stimulation; and contribution of individual factors and personality variables to treatment outcome and/or process. Articles address theoretical issues and clinical challenges to broaden clinicians' understanding and skills; they discuss such complex issues as: strengths and weaknesses in the literature; impact of ethnicity and culture; and evaluation of client readiness for treatment.

Manuscript Submission

Submit manuscripts, in English, in MS Word format by e-mail to the Editor, Dr. Louise Maxfield at maxfield@rogers.com. Manuscripts will be acknowledged on receipt. Following preliminary review by the Editors, to ensure compliance with required elements, manuscripts will be peer-reviewed by members of the Editorial Board.

Manuscript Style

The following are guidelines for developing and submitting a manuscript. Manuscripts that do not conform to these guidelines will be returned to the author without review, and with recommendations for changes needed to complete the submission process.

1. Manuscripts must be professionally prepared in accordance with the *Publication Manual of the American Psychological Association*, 5th edition, 2001.
2. Manuscripts are generally expected to be 20-25 pages in length and double-spaced throughout; however, longer manuscripts may be considered. Brief reports will be 10-15 pages in length.
3. The title page must include authors' names, positions, titles, affiliations, full contact information (address, phone, fax, and e-mail). This information should not be included elsewhere in the manuscript, to ensure blind review.
4. The second page should contain the title of the paper and an abstract of no more than 125 words as well as 3 to 5 key words listed below the abstract. Key words should express the precise content of the manuscript, as they are used for indexing purposes.
5. All articles must contain a comprehensive literature review. For example, a manuscript describing EMDR treatment of a certain disorder would summarize the literature about the nature of that disorder, review research studies that investigated outcomes of other treatments, as well as studies that evaluated EMDR treatment of that disorder.
6. Articles that recommend a clinical approach that differs from EMDR's standard protocol or its foundational Adaptive Information Processing model (Shapiro, 2001) should explain these differences.

7. In order to promote critical thinking and an unbiased approach for the dissemination of ideas, recent advances, and current research, all articles must take an objective, scientific stance, and a respectful tone.
8. It is recommended that Case Studies comply with the following format: (1) Literature review, (2) Introduction of the case, (3) Presenting problems, (4) Client history, (5) Assessment, (6) Case conceptualization, (7) Course of treatment, including assessment of progress and outcome, (8) Discussion of treatment implications, (9) Recommendations, and (10) References.
9. Photos and line art figures should be sent as tiff (300ppi) or eps (800ppi) files.
10. Contributors are responsible for obtaining written permission from copyright owners for illustrations, adaptations, or quotes of more than 300 words.